



January 2014 Vol. 20

An award winning, in-home
Recreational Therapy Program.

Quarterly Newsletter

Making A Difference



Happy 2014!

Happy New Year to all of you! As the program begins it's fifteenth year, we hope our newsletter will continue to help us stay in touch and keep you updated on our program and the mutual clients that we serve. We are grateful to many of you who continuously rely on us to provide recreation and aquatic therapy to your residents, patients, clients and loved ones. We are excited to provide recreation therapy as an essential part of treatment to older adults in our community. If you are new to the area or have never heard of our service, we hope this newsletter will offer you valuable information to pass on to those who may benefit from the Stepping Stones program.

Let Us Come To You

Stepping Stones staff would love to come to your agency, business, or facility to share with you the benefits of referring your clients to our program. We also present to local support groups to offer ideas and suggestions on in-home and community recreation opportunities for caregivers and loved ones. Call us to schedule a visit, we would love to learn more about your services too!

*Kent County
Senior Millage*



Save The Date

It is time to mark your calendars for the Eighth Annual Stepping Stones Golf Outing. The fundraiser will be held at the Meadows Golf Course in Allendale on Friday, June 13, 2014. The golf outing is a four person scramble featuring 18 holes with a cart, range balls, continental breakfast, catered lunch, individual and team contests. Registration information to follow. This is our only fundraiser of the year. Proceeds from this event funds our annual YMCA membership dues, adaptive equipment and staff training needed to provide aquatic therapy.

Sending Referrals Is Now Just A Click Away!

Stepping Stones continues to appreciate all referrals made to our in-home therapeutic recreation program. For many years, you have been sending us referrals by fax, mail, phone, and email. You may continue to use this method but thanks to the City of Wyoming's Information Technology Department, we now have a new method that is just a click away! Visit our website at www.steppingstones.wyomingmi.gov. On our website there is a referral button you can press. Simply fill out our intake form with your information and hit send! You will also find valuable information about our program, our brochure, and most recently, our 2012 annual report.

Due to increase in referrals in 2013, we are experiencing a wait list for service. Please know that a Certified Recreation Therapist will be in contact with your referral within five weeks to set up an evaluation.

We appreciate your support with continued referrals to the Stepping Stones Program!



Stepping Stones is Administered By:
The City of Wyoming Parks and Recreation Department.
For more information contact the Wyoming Senior Center at (616) 530-3190
or email: schwabk@wyomingmi.gov

Top 5 Referral Agencies In 2013

1. Area Agency on Aging of Western Michigan
2. Spectrum Health
3. Mary Free Bed Rehabilitation Hospital
4. Gerontology Network
5. Wyoming Senior Center

2013 Statistics

Top Diagnosis Served
Orthopedic Conditions

Average Length of Stay
3.6 months

Average Age
74

66% of clients were
successfully discharged

60% of clients enrolled
participated in Aquatic
Therapy